

Starters

Sweet Potato Fries

served with cajun dipping sauce
4.50

Seasonal Fruit Salad

4.50
add honey, granola & yogurt
5.25

Eat Your Vegetables

fresh vegetables served with a cucumber dip
4.50

Cheesy Breadsticks

served with pesto dipping sauce
4.75

Little Italy*

*a basket of cheese ravioli, mozzarella sticks,
parmesan artichoke hearts & olive poppers
served with a basil bleu cheese dip & marinara sauce*
6.25

Daily Soup

cup: 2.25
bowl: 3.75

Kickin' Pepper Jack Broccoli

cup: 2.25
bowl: 3.75

House Salad

2.75

Dressing choices: house italian, balsamic

*vinaigrette, ranch, caesar, spicy buttermilk ranch,
creamy goat cheese & herb, bleu cheese,
& sesame plum vinaigrette*

add: bleu cheese crumbles or feta .75

Salads

Louisiana Chicken

*cajun spiced chicken, celery, black olives, matchstick carrots & scallions
with a spicy buttermilk ranch over mesclun greens*

9.25

Caesar

*romaine, parmesan, lemon & croutons with homemade garlic dressing
add grilled chicken breast*

6.75

9.25

Autumnal

*spinach, red onion, pears, cranberries & candied pecans
with creamy goat cheese and herb dressing*

9.75

Chopped Caprese*

*fresh mozzarella, red & yellow tomatoes, chicken, fresh basil over arugula &
drizzled with balsamic & olive oil*

10.25

Asian

*mixed seasonal greens, sesame seeds, sweet red peppers, scallions, carrots,
cashews & duck spring rolls with sesame plum vinaigrette*

10.25

Deli

served with chips & a gherkin
7.50

*Choose: sourdough, wheat or soft roll
mayo or mustard
swiss, american or provolone
lettuce, tomato & onion*

- ◆ Tuna salad
- ◆ Roast beef
- ◆ Breast of turkey
- ◆ Peppered ham
- ◆ Bacon, lettuce & tomato (toasted)

Sides

Fruit cup 2.50

House pasta salad 2.25
(includes feta cheese)

Skinny fries 2.00

Sweet potato fries 3.00

Pickles (6 gherkins) 2.00

Broccoli slaw 2.00

Dips & sauces .50

* No modifications on these items please. Thank you for your cooperation!

Wrap It Up

served with house pasta salad & a gherkin

Buffalo Chicken 8.50

spicy breaded chicken, greens & bleu cheese dressing

Red, White & Green* 7.25

sun dried tomato, pesto, mozzarella & greens

add grilled chicken breast 8.95

Chicken Waldorf* 8.75

grapes, apples, walnuts, celery, greens & mayo

Shrimp, Avocado & Grapefruit* 9.25

red onion & greens with chipotle mayo

Cheeseburger 9.25

ground beef, cheddar cheese, lettuce, tomato, onion, bacon, pickles & tater tots with a secret sauce

Signature Sandwiches

served with house pasta salad & a gherkin

Italian Veggie * 8.50

cucumber, tomato, roasted red peppers, provolone, onion, zucchini, eggplant & Dijon mayo, drizzled with oregano vinaigrette on whole wheat ciabatta

SU Bleu* 8.50

turkey, black peppered ham, bacon, muenster cheese, sliced tomato & bleu cheese dressing pressed on sourdough

** No modifications on these items please.
Thank you for your cooperation*

House Favorites

Open Faced Steak Sandwich 11.95

9oz. strip, grilled to medium & served on cheddar foccacia with skinny fries

Sliders * (Please no split orders) served with broccoli slaw & skinny fries 8.75

◆ *pulled pork with dinosaur BBQ & cheese sauce*

◆ *crab cakes with remoulade sauce* 9.00

Vegetable Lasagna* 9.25

fresh seasonal vegetables layered with spinach, "pink" sauce & served with a cheesy breadstick

Gnocchi Carbonara* 9.50

with homemade alfredo sauce, chicken, pancetta, peas & served with a cheesy breadstick

Open-Faced Meatloaf Sandwich 8.75

served on cheddar foccacia with a tomato bacon relish & mashed potatoes

Polenta Pie (hold the cheese for vegan option) 7.95

a vegetarian offering with asparagus, sweet onions & goat cheese with roasted red pepper sauce over sautéed spinach

Fish & Chips 8.75

panko, sea salt & black pepper crusted haddock with remoulade sauce served with skinny fries & broccoli slaw

Burgers

Prepared medium & served on a soft roll with skinny fries.


"Justa" Burger : half pound of charbroiled fresh ground chuck 7.50

add cheese (swiss, cheddar, american or provolone) 8.25

Chicken Melt: breaded chicken patty with tomato, swiss & bacon 8.50

Spa Burger: micro greens, mango puree, onions & tarator spread 9.25

Choose: turkey or vegetable burger

 **tarator:** sesame seeds, cashews & red pepper

Tennessee Burger : half pound of fresh ground chuck, charbroiled, 9.25

topped with pepper jack cheese, bacon, onion rings & Jack Daniels BBQ sauce

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.